



# FÉILE RINCE SAMHNA



Cláraithe Leis An Coimisiún Le Rince Gaelacha

## 9<sup>TH</sup> ANNUAL FEIS

**DATE:** SATURDAY 6<sup>TH</sup> & SUNDAY 7<sup>TH</sup> NOVEMBER 2021

**VENUE:** CLONLARA COMMUNITY SPORTS & LEISURE CENTRE,  
CLONLARA CO. CLARE.

**ADJUDICATORS:**

GERARD STACK ADCRG  
CHERYL SCARIFF ADCRG  
JASON HYNAN ADCRG

MUNSTER  
CONNAUGHT  
MUNSTER

**MUSICIAN:**

ORFHLAITH NÍ BHRIAIN

MUNSTER

**ENQUIRIES:**

PHONE: 086 778 2200 E-MAIL: [gamp1951@gmail.com](mailto:gamp1951@gmail.com)

**VENDOR:** KEARA'S DANCEWEAR

ALL ADULTS IN ATTENDANCE MUST BE FULLY VACCINATED (or recovered from COVID-19 within previous 6 months) AS PER GOVERNMENT GUIDELINES. CERTIFICATES MUST BE PRESENTED TO GAIN ENTRY ON THE DAY. ACCOMPANIED MINORS UNDER 18 DO NOT NEED TO BE VACCINATED. ALL GOVERNMENT GUIDELINES WILL BE ADHERED TO.

**ENTRY FEES:**

**CHAMPIONSHIP ENTRIES: (PRE – ENTRY IN PLACE)**

- CRAOBH COMÓRTAS: €35... 4 RESULTS: 3 SOLO + OVERALL + RESULTS PACK
- CRAOBH COMÓRTAS INC PRELIM: €45... 5 RESULTS: 3 SOLO + 2 OVERALL + RESULTS PACK
- PRÍOMH COMÓRTAS UNDER 6: €20... 3 RESULTS: 2 SOLO + OVERALL + RESULTS PACK
- PRELIM CHAMPIONSHIP: €25... 3 RESULTS: 2 SOLO + OVERALL + RESULTS PACK
- **ADMISSION: €5 PER ADULT**

Signed 

Feis registrar 27 / 10 / 2021

On behalf of Comhairle Na Mumhan

Registered with  
An Coimisiún Le Rincí Gaelacha

The approval of this syllabus is to ensure that the competitions etc adhere to rules pertaining to Comhairle Na Mumhan and CLRG. It is important to highlight that, during the Covid 19 pandemic, it is solely the responsibility of the organisers to ensure that all Feiseanna abide by the relevant advice and directives of the Government and Public Health Authorities at the time of the Feis

\*\*\*THE COMMITTEE RESERVE THE RIGHT TO ALTERNATE/USE EXTRA ADJUDICATORS IF IT BENEFITS THE GOOD RUNNING OF THE FEIS\*\*\*

# FÉILE RINCE SAMHNA

## PRE - ENTRY & PAYMENTS SYSTEM

### PRÍOMH / PRELIM / CRAOBH COMÓRTAISÍ

- 1.** ENTRIES WILL BE ACCEPTED FROM CLRG TEACHERS ONLY. TEACHERS ARE RESPONSIBLE FOR MAKING SURE ENTRIES ARE CORRECT. ALL ENTRIES TO BE EMAILED TO... [frsentry21@gmail.com](mailto:frsentry21@gmail.com)
- 2.** ONCE ENTRIES HAVE CLOSED, TEACHERS WILL BE SENT A LINK WITH PAYMENT INSTRUCTIONS.
- 3.** ENTRIES OPEN SEPTEMBER 24<sup>TH</sup> @ 12PM AND CLOSE ON OCTOBER 15<sup>TH</sup> @ 6PM.
- 4.** ENTRIES WILL BE TAKEN ON A FIRST COME FIRST SERVED BASIS.
- 5.** SCHOOL ENTRY SHEET PROVIDED AT BOTTOM OF SYLLABUS.
- 6.** PLEASE MAKE SURE THAT YOU INDICATE ON THE ENTRY SHEET WHAT THE DANCER IS DOING BY PUTTING A Y IN THE RELEVANT COLUMN.
- 7.** NO REFUNDS WILL BE GIVEN UNLESS THE EVENT IS CANCELLED.
- 8.** IN THE CHAMPIONSHIPS COMPETITORS WILL DANCE FOR 48 BARS IN THE REEL AND JIG AND 40 BARS IN THE SLIP JIG AND HORNSPIPE AFTER AN 8-BAR INTRODUCTION.
- 9.** PRELIMINARY CHAMPIONSHIPS INCLUDED IN CRAOBH COMÓRTAS: 9 – 10, 10 – 11, 11 – 12, 12 – 13, 13 – 14, 14 – 15 & 15 – 16.
- 10.** PRÍOMH COMÓRTAS U6 & CRAOBH COMÓRTAS 6-7, 7-8 AND 8-9 WILL DANCE 40 BARS ONLY AFTER AN 8 BAR INTRODUCTION.
- 11.** PRICING FOR CHAMPIONSHIPS ARE AS FOLLOWS.
  - CRAOBH COMÓRTAS: €35
  - CRAOBH COMÓRTAS INC PRELIM: €45
  - PRELIM CHAMPIONSHIP: €25
  - PRÍOMH COMÓRTAS U6: €20

**THANKS FOR YOUR COOPERATION AND WE LOOK FORWARD TO SEEING YOU ALL BACK AGAIN SOON.**

**ANTHONY & CONOR**

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# FÉILE RINCE SAMHNA

## SATURDAY 6<sup>TH</sup> NOVEMBER 2021

### -CHAMPIONSHIPS TIMETABLE-

TIME	Championship	Dances
8.30 a.m	Craobh Comórtas 13 - 14	<u>Round 1:</u> Port Trom / Cornphíopa <u>Round 2:</u> Cor / Port Luasca <u>Round 3:</u> Seit Nua
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIP</b>
12.30 p.m.	Príomh Comórtas Under 6	<u>Round 1:</u> Cor <u>Round 2:</u> Port Eadrom
	Craobh Comórtas 6 - 7	<u>Round 1:</u> Cor <u>Round 2:</u> Port Singil <u>Round 3:</u> Port Eadrom / Lá Le Pádraig
	Craobh Comórtas 7 - 8	<u>Round 1:</u> Cor <u>Round 2:</u> Port Eadrom / Port Trom <u>Round 3:</u> Seit Tradisiúnta
	Craobh Comórtas 8 - 9	<u>Round 1:</u> Cor <u>Round 2:</u> Port Eadrom / Port Trom <u>Round 3:</u> Seit Tradisiúnta
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIPS</b>
3.00 p.m	Craobh Comórtas 15 -16	<u>Round 1:</u> Port Trom / Cornphíopa <u>Round 2:</u> Cor / Port Luasca <u>Round 3:</u> Seit Nua
	Craobh Comórtas 16 - 17	<u>Round 1:</u> Port Trom / Cornphíopa <u>Round 2:</u> Cor / Port Luasca <u>Round 3:</u> Seit Nua
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIPS</b>
6.00 p.m.	Craobh Comórtas 17 - 18	<u>Round 1:</u> Port Trom / Cornphíopa <u>Round 2:</u> Cor / Port Luasca <u>Round 3:</u> Seit Nua
	Craobh Comórtas Over 18	<u>Round 1:</u> Port Trom / Cornphíopa <u>Round 2:</u> Cor / Port Luasca <u>Round 3:</u> Seit Nua
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIPS</b>

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# FÉILE RINCE SAMHNA

## SUNDAY 7<sup>TH</sup> NOVEMBER 2021

### -CHAMPIONSHIPS TIMETABLE-

TIME	CHAMPIONSHIP	DANCES
08:30 A.M	CRAOBH COMÓRTAS 9-10	<u>ROUND 1:</u> PORT TROM / CORNPHÍOPA <u>ROUND 2:</u> COR / PORT LUASCA <u>ROUND 3:</u> SEIT NUA
	CRAOBH COMÓRTAS 10-11	<u>ROUND 1:</u> PORT TROM / CORNPHÍOPA <u>ROUND 2:</u> COR / PORT LUASCA <u>ROUND 3:</u> SEIT NUA
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIPS</b>
12:30 P.M	CRAOBH COMÓRTAS 11 – 12	<u>ROUND 1:</u> PORT TROM / CORNPHÍOPA <u>ROUND 2:</u> COR / PORT LUASCA <u>ROUND 3:</u> SEIT NUA
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIP</b>
3:30 P.M.	CRAOBH COMÓRTAS 12 - 13	<u>ROUND 1:</u> PORT TROM / CORNPHÍOPA <u>ROUND 2:</u> COR / PORT LUASCA <u>ROUND 3:</u> SEIT NUA
	<b>RESULTS OF ABOVE</b>	<b>CHAMPIONSHIP</b>
6.00P.M	CRAOBH COMÓRTAS 14 - 15	<u>ROUND 1:</u> PORT TROM / CORNPHÍOPA <u>ROUND 2:</u> COR / PORT LUASCA <u>ROUND 3:</u> SEIT NUA

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# FÉILE RINCE SAMHNA

## SATURDAY 6<sup>TH</sup> & SUNDAY 7<sup>TH</sup> NOVEMBER 2021

### -CHAMPIONSHIP INFORMATION-

#### CHAMPIONSHIP AWARDS

##### Craobh Comórtas:

Podium presentation - 1st - 5th Trophies and sash / Medals presented to all competitors in the Light round / 50% round 2 & Round 3

##### Preliminary Championships:

Podium Presentation - 1st - 5th Trophy & Sash

##### Príomh Comórtas:

Podium Presentation - 1st - 5th Trophy and Sash / Medals presented to all in the Light round / 50% round 2

**Championships listed at the same times will alternate rounds.  
There will be a recall where there is 21 or more competitors in all  
championships to a maximum of 20.  
Please note, all times are approximate**

#### Bars to Be Danced in Championship Competitions:

##### Under 10 Craobh Comórtasí UPWARDS:

##### Light Dances:

Cor (Reel) **48 Bars**

Port Luasca (Slip Jig) **40 Bars**

##### Heavy Dances:

Port Trom (Heavy Jig) **48 Bars**

Cornphíopa (Hornpipe) Hornpipe) **40 Bars**

**UNDER 6 PRÍOMH COMÓRTAS & 6-7 / 7-8 / 8-9 CRAOBH COMÓRTASÍ  
WILL DANCE **40 BARS****

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GOOD RUNNING OF THE FEIS\*\*\*

## **COVID-19 GUIDELINES**

**Féile Rince Samhna reserves the right to amend this syllabus to facilitate Covid19 restrictions. It is only by working together with a flexible, understanding, and a co-operative outlook, that Feiseanna can take place.**

- **PROOF OF IMMUNITY** Events (Feiseanna) can take place once all participants show Proof of Immunity. Government regulations in relation to evidence of COVID-19 vaccination or immunity following recovery should be implemented. Organised indoor events and mass gatherings are permitted where all patrons are immune (fully vaccinated or recovered from COVID-19 within previous 6 months), or accompanied minors (under 18). It is important organisers check photo ID when checking Proof of Immunity
- **WEARING A FACE COVERING / MASK** helps to prevent the spread of COVID-19. It is strongly recommended to wear a face covering / mask in situations where physical distancing is difficult. Face coverings / masks are always in addition to, and never a substitute for, other Public Health measures including physical distancing, hand hygiene and practising appropriate respiratory etiquette
- **PHYSICAL DISTANCING PHYSICAL DISTANCING GUIDELINES** (in line with the Government's Public Health advice) is incorporated into the plan for the event venue. Capacity is determined based on seated capacity rather than a mixture of standing and seated capacity. Every effort to ensure maximum physical distancing within the recommended capacity is planned. Seating layout and table plans will ensure physical distancing.

Every effort will be taken to ensure maximum physical distancing, with careful consideration needs to our communal areas, while queuing, stairs or moving around the venue.

- **PROVIDING HAND SANITISERS** Hand Sanitisers Hand sanitisers should be readily available and accessible to all at each access point. Hand sanitisers for use against COVID-19
- **INFORMATION SIGNAGE** COVID-19 signage relating to hand and respiratory hygiene and physical distancing measures will be displayed throughout our venue.
- **COVID-19 CONTACT TRACING** Event organisers are required to retain the names and contact details of their attendees for 28 days to facilitate contact tracing

**IF YOU HAVE A TEMPERATURE, SORE THROAT, HEADACHE, LOSS OF TASTE, LOSS OF SMELL, ETC. YOU SHOULD NOT ATTEND THE FEIS. PLEASE NOTE THAT ANYONE WHO REFUSES TO COMPLY WITH THE RULES OF THE FEIS WILL BE ASKED TO LEAVE, IN THE INTEREST OF THE SAFETY OF ALL ATTENDEES OF THE FEIS.**

## **BY ENTERING THE FEIS YOU AGREED TO:**

- 1. HAVE VACCINATION / IMMUNITY CERTIFICATION & ID CHECKED FOR ALL ATTENDING ADULTS. (NO ENTRY WILL BE PERMITTED WITHOUT)**
- 2. ASSIST US TO COMPLY WITH ALL CONTACT TRACING REQUIREMENTS BY PROVIDING YOU NAME AND CONTACT NUMBER.**
- 3. SANITISE YOUR HANDS REGULARLY. (SANITIZATION STATIONS PROVIDED THROUGHOUT VENUE)**
- 4. YOU WILL TAKE YOUR SEAT AND REMAIN THERE FOR THE DURATION OF YOUR SESSION.**
- 5. MASKS / FACE COVERINGS TO BE WORN WHEN CIRCULATING, CAN BE REMOVED WHEN SITTING.**
- 6. DANCERS WILL NOT HAVE TO WEAR MASKS WHILE DANCING BUT WILL BE REQUIRED SIDESTAGE.**
- 7. ONCE YOUR SESSION HAS ENDED, YOU WILL BE EXPECTED TO GATHER ALL YOUR BELONGINGS AND LEAVE YOUR AREA CLEAN.**
- 8. PLEASE DO NOT ARRIVE AT THE VENUE UNTIL 30 MINUTES PRIOR TO YOUR SCHEDULED TIME AS ADMITTANCE TO THE VENUE WILL NOT BE PERMITTED.**

**Coronavirus  
COVID-19**

Stay safe.  
Protect each other.

Continue to:

- Wash**  
your hands well and often to avoid contamination.
- Cover**  
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue safely
- Distance**  
yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell
- Avoid**  
crowds and crowded places
- Know**  
the symptoms. If you have them self isolate and contact your GP immediately

**COVID-19 symptoms include**

- > high temperature
- > cough
- > breathing difficulty
- > sudden loss of sense of smell or taste
- > flu-like symptoms

If you have any symptoms, self-isolate to protect others and call your GP for a COVID-19 test.

**#holdfirm**

For more information  
[www.gov.ie/health-covid-19](http://www.gov.ie/health-covid-19)  
[www.hse.ie](http://www.hse.ie)

Ireland's public health advice is guided by WHO and ECDC advice

  **Rialtas na hÉireann  
Government of Ireland**

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## Feis Rules

### FEIS RULES AND CONDITIONS

- In Bun and Tus grad competitions, dancers are permitted to wear either class costumes or day wear e.g. skirts and tops (Munster Specific rule)
- The use of artificial carriage aids is strictly forbidden except in cases of a medical condition where a doctor's certificate may be requested. Any competitor found to be using artificial carriage aids and subsequently refuses to remove same, will be subject to disqualification from that particular competition. Medically prescribed apparatus (proof of which may be required) will be exempt from this ruling.
- In order to comply with the health and safety measures, all dancers lining up side stage prior to any round of a competition will be required to perform the simple exercise of raising arms to shoulder level unhindered. If unable to do this due to the costume stitching or any arm attachments by the time of their rotation will not be permitted to perform.
- Make up / false - eye lashes will not be permitted for dancers in either solo or team competitions, up to and including the Under 10 age group. Effective from 1<sup>st</sup> March 2014.  
(Please note that dancers in this age group who might be in a Ceili Team Under 11 will be permitted make up for team this age group competitions, i.e. Under 11 Ceili Championships.)
- Under no circumstances should dancers walk around any dancing venue in their underwear. Neither should dancers (regardless of age) change into or out of costume in the main dancing hall, if at all possible. At all times, dancers should be properly attired.
- In Reel competitions under 5 years, dancers must perform Easy Reel material only... (Munster specific rule).
- Should a dancer fall on stage, the adjudicator MUST ring the bell to stop the performance of the dancer(s). The dancer(s) so affected will be permitted to re-dance at the discretion of the adjudication panel, or by a majority of adjudicators, where there is a judging panel. Should, in the opinion of the stage steward, having obtained medical advice if necessary, a dancer be unfit to re dance and if such dancer insists on his/her right to do so then the dancer concerned may be permitted to re-dance on completion of a declaration form exonerating the committee of liability for any consequences.
- Should a dancer lose a heel or a complete shoe he/she may stand back allowing the other dancer, where applicable, to continue dancing uninhibited. In such a case, the dancer concerned will be permitted to redance as soon as it is deemed practicable by the stage steward.
- No blocks en pointe, stationary or moving, is allowed for all ages up to and including under 12 age group, with exceptions of 11 to 12 age group who may perform who may perform this work as, and from, 1<sup>st</sup> September.
- All Graded competitions are open to all regions
- Port competitions must have both a light and heavy result where both jig types have been performed.
- Grading up rule (Effective January 1<sup>st</sup> 2009) : For those competitions where grading up occurs :Less than or equal to 20 (1 dancer grades up); 21 – 39 inclusive (2 dancers grade up) ; Greater than or equal to 40 (3 dancers grade up)

#### **Bun Grad:**

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit
- Dancers must perform basic material only

#### **Tus Grad:**

- Confined to competitors who have never previously won first place for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than in Bun Grad
- Dancers must perform their first advanced material. This should exclude clicks, twists, swivels, cross keys, rocks etc.

#### **Primary Grad (Munster specific criteria):**

- Confined to competitors who have never previously graded out of a competition for the dance specified for that competition in any other registered competition in any other grade or under any age limit other than Bun or Tus or Primary Grade.
- Dancers can perform the same level of material acceptable in Mean or Ard Grad competition.
- Solo costumes can be worn by dancers in this grade
- Once a dancer wins a dance in Primary grade, they are no longer eligible to enter that dance in that grade again

#### **Mean Grad:**

- Confined to competitors who have never previously won first place under the upper age-limit specified for the competition (or under a higher age-limit) outside of Bun grad and Tus grad.
- A registered competition for the dance specified for the competition
- The same level of material can be performed for Mean grad as Ard Grad.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group and grade. (1994).

#### **Ard Grad:**

- Open to any dancer who :
  - is a pupil of a registered teacher
  - is qualified to compete as regards age and place of residence
  - is not suspended from competitions under any rule or by a decision of An Coimisiún or a Regional Authority.
  - is entered with the permission of his teacher.
- A competition in which there are five competitors or less shall not count for grading purposes i.e. the winner of such a competition shall be entitled to dance again in a competition for the same dance in the same age group at mean grad. (2007)



- Where a dancer has won first prize and thereafter fails to win a prize for that particular dance, the teacher of that dancer may, when a period of two years has elapsed, apply to the regional council to have the dancer re-graded as a mean grad dancer.

## Craobh Comortas (Championship):

- A competition may be entitled a "Championship" only when it is an Ard Grad competition and
  - Is judged by at **least 3 Adjudicators**.
  - Competitions, in the case of a step dancing competition are required to perform at least two dances, one of which must be a heavy dance and the other a light dance.
  - U6 Craobh Comórtas are not permitted (Munster specific – Sep 1<sup>st</sup> 2015).
  - All competitors will receive an award in the light round of any Craobh Comórtas competition.

## Priomh Comortas (Premier Championship):

- The title "Priomh Comortas" or Premier Championship may be ascribed to a competition in any grade judged by **one adjudicator**, where the following conditions apply:
  - **Two dances** to be performed by each competitor.
  - In a Priomh Comortas with an upper age of 8 years or less the compulsory dances must consist of either:
    - Those stipulated for the older age groups and set out above or
    - Two light dances (Munster Specific).
  - When a dancer wins First place in a Priomh Comortas competition, they are deemed to have won **both dances** in that competition, even if they are not awarded first place when individual round results are awarded.
  - U6 Championships must be Priomh Comórtas (Munster specific – Sep 1<sup>st</sup> 2015).

## Preliminary Championship Ruling (Effective from Sept. 1<sup>st</sup> 2016)

- A Preliminary Championship is:
    - judged by at **least 3 Adjudicators**.
    - A Preliminary Championship must consist of 2 Rounds, 1 Light Round – Reel / Slip Jig & 1 heavy Round – Heavy Jig / Hornpipe.
  - A dancer is not eligible to enter a Preliminary Championship if they have been placed First in an **Open Championship** from **1<sup>st</sup> January 2015** and the following year.
  - Dancers may compete in an **Open or a Preliminary** Championship or both.
  - Once a dancer qualifies for Oireachtas Rince na Cruinne, they must **not** enter a Preliminary Championship They may not compete in Preliminary Championships in the year that they qualified or the following calendar year.
- ### Exceptions
- Dancers who qualify for Oireachtas Rince na Cruinne where there are **five dancers or less** in their Regional Oireachtas are exempt from this ruling. They may remain in the Preliminary Championships if they so wish.
  - If a dancer wins **two Preliminary Championships** from the 1<sup>st</sup> January, they are no longer eligible to enter a Preliminary Championships for the remainder of that year and the following year.
  - If a dancer wins a Preliminary Championship where there are **five dancers or less** in the competition, the dancer will still be eligible to enter a Preliminary Championship.

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## Feis procedures

- The Feis Committee reserves the right to refuse Admission / Entry to the Feis.
- Any objections, other than those related to adjudicator's decisions, must be lodged in writing to the Feis Committee. There will be a fee of EUR 20 associated with such an objection. If the feis committee cannot resolve the issue satisfactorily, the objection will be forwarded to Comhairle na Mumhan.
- Any form of unauthorised photography which has the capability to capture a dancer's image whilst in motion, using electronic or manual means e.g. mobile phone, standard camera, video camcorder, cine recorder, commercial film, with or without flash enhancement, is expressly forbidden in competition. (Jan 2005), except in Bun & Tus Grád competitions.
- The use of taped music (e.g. iPad, iPod, Tape Recorder) is permitted for Subsidiary Ceili competitions.

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## Feis admin

- Entries will only be accepted from teachers currently registered with An Coimisiún.
- Age is reckoned from January 1<sup>st</sup>
- The Adjudicators decision is final.
- The committee, as far as is practicable, will provide a stage surface suitable for dancing. However, the committee cannot accept any liability whatsoever for injuries sustained while on stage. The lodgement of any entry will be deemed to be an acceptance of this provision by a dancer and by his/her parent/guardian/teacher.

Feis Rules also available at: <http://www.munsterdancing.com/index.php?pageID=52>

